

STUDENT HANDBOOK





WHAT TO BRING	
	Lunch and snacks for the first day
	Sleeping bag
	Fitted Single Sheet
	Pillow & slip
	Toiletries
	Towel
	Plastic bags for dirty clothes/shoes
	Pyjamas
	Shorts
	Long pants
	Jumpers
	T-Shirts
	Bathers & rash vest
	Socks and jocks
	Waterproof Jacket
	Enclosed toe shoes/runners
	Water shoes (e.g. crocs)
	Drink bottle
	Day pack for activities
	Sun hat and beanie
	Sunscreen and Insect repellent *Not aerosol spray
	Medication (if needed)
	Torch
WHAT NOT TO BRING	
	Dest cioenes
	Valuable items
	Jewellery Technology (phones/tablets)
	Aerosol spray cans



ALWAYS BE PREPARED FOR ACTIVITIES



TREE CLIMB/HIGH ROPES

- OHAT
- O WATER BOTTLE
- O LONG PANTS
- O ENCLOSED SHOES

ALL OTHER ACTIVITIES

- OHAT
- O WATER BOTTLE
- O ENCLOSED SHOES
- O APPROPRIATE CLOTHING

SNORKELING/BEACH/ SURFING/POOL AREA

- OHAT
- O WATER BOTTLE
- O TOWEL
- O SUNSCREEN
- O THONGS (OPTIONAL)
- O WEAR SWIMMERS UNDER CLOTHES



CANOEING/KAYAKING

- OHAT
- O WEAR OLD
 CLOTHES/SWIMMERS
- O OLD SHOES/WATER SHOES

+ IF OFFSITE

- O TOWEL
- O SUNSCREEN





EXAMPLE MENU



SAMPLE MENU

BREAKFAST 7:30-8:30AM

JUICE (APPLE/ORANGE)
MILK & CEREALS (WEET-BIX, RICE BUBBLES, CORN FLAKES & JUST RIGHT)
TOAST & SPREADS (MARGARINE, STRAWBERRY JAM, HONEY & VEGEMITE)
HOT BREAKFAST COMPONENT E.G. SCRAMBLED EGGS & HASH BROWNS

MORNING TEA 10:30AM

BANANA & CINNAMON CAKE WITH FRUIT BOWL (APPLES/BANANAS)

LUNCH 12:30-1:30PM

WATER JUGS
WARMED SHREDDED CHICKEN & SALAD WRAPS W/MAYO

AFTERNOON TEA 3PM

COOKIE SLICE WITH FRUIT BOWL (APPLES/BANANAS)

DINNER & DESSERT 6-7:15PM

CORDIAL JUGS NACHOS - MEXICAN MINCE WITH THE LOT! BROWNIE ICE CREAM

COFFEE, TEA & BISCUITS AVAILABLE AT ALL TIMES FOR TEACHERS



SITE MAP





PICTURES





THE POOL/BASKETBALL COURT/GAGA PIT



BEDROOM
EACH ROOM HAS 4 SINGLE BUNK BEDS



CRATE STACK



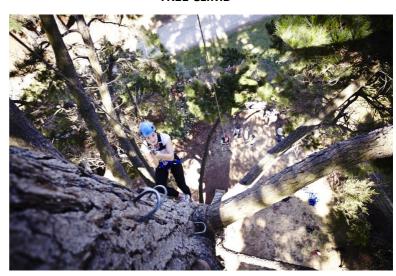
BIRDS EYE VIEW OF VERTICLE CHALLENGE & CRATE STACK



BEACH WALK



TREE CLIMB

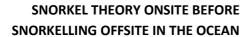


CANOEING





BOAT TOUR TO CHINA MANS HAT





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